

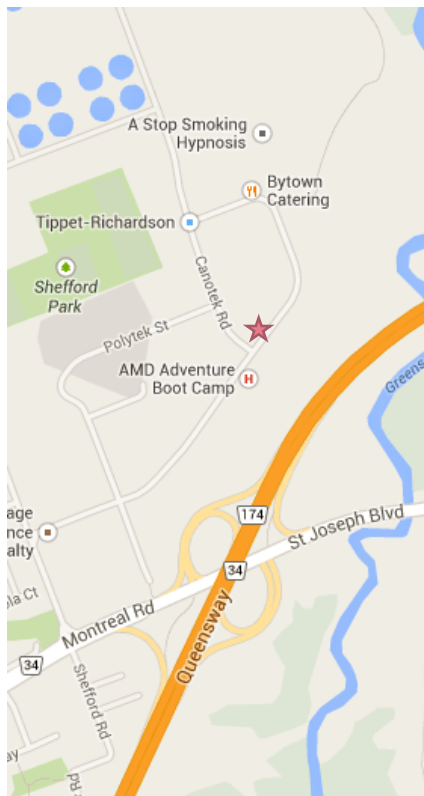
Summer Camp Staff:

Spring Action Summer Camps are well supervised and safety oriented. Our coaches have experience in the sport of trampoline and are certified by the National Coaching Certification Program. Our coaches are there to ensure a fun and safe learning experience for everyone!



A Few Reminders....

- Dress in athletic attire
- Long hair should be tied up
- No jewelry
- Bring sun screen and a hat for when we go outside for lunch!
- Please leave all valuables at home. Spring Action is not responsible for lost or stolen items.
- Participants bring their own lunch, snacks and drinks. NO PEANUTS please! You will be very active during the day so make sure that you have plenty to drink and eat!



**SPRING ACTION
TRAMPOLINE**

**Come see us at our new facility!
5515 Canotek Rd**

**Contact Us:
613-761-9620
info@springaction.ca
www.springaction.ca**



**SPRING ACTION
TRAMPOLINE**

**Trampoline and Circus
Kinder Camp**

**For Ages 4 to 6
Full days & Half Days**



**Our facility has Olympic High
Performance Trampolines, a Foam Pit
and certified coaches!**

About Spring Action

Spring Action has been offering trampoline lessons, trampoline & circus day camps, and trampoline performances for over 20 years. With Olympic sized trampolines, DMT, state of the art foam pit and nationally certified coaches, Spring Action is one of the top acrobatic learning centres in North America.

Schedule

Morning & Full Day Campers:

9:00-9:15: Cooperative Games
9:15-9:45: Trampoline Time
9:45-10:05: Circus Time
10:05-10:20: Snack Time
10:45-10:55: Mini-Tramp, Trapeze & Foam Pit Time
10:55-11:25: Trampoline Time
11:25-11:30: Clean Up & Departure for Morning Campers

Full Day Campers:

11:30-12:00: Mini-Tramp, Trapeze & Foam Pit Time
12:00-1:15: Lunch Time

Afternoon & Full Day Campers:

1:15-1:30: Cooperative Games & Arrival of Afternoon Campers
1:30-2:00: Trampoline Time
2:00-2:24: Circus Time
2:25-2:40: Arts & Crafts Time
3:05-3:35: Trampoline Time
3:35-3:55: Mini Tramp, Trapeze & Foam Pit Time
3:55-4:00: Clean Up & Departure Time

Spring Action Kinder Camp

You don't have to run away to join the circus, come to Spring Action for our awesome, fun, exciting...

TRAMPOLINE & CIRCUS DAY CAMPS!

For aged 4-6. Fun-filled, active days will expose participants to the wonderful world of circus and the exciting Olympic sport of trampoline. Activities, emphasizing **Trampoline** will also include: Acrobatics, Scarf Juggling, Mini-Trampoline, Diabolo, Crafts, Double-Mini Trampoline, Trapeze, Aerial Silks, Tight Wire-Walking and More. Participants will be introduced to the basic skills of trampoline and circus arts all while in a fun, safe and positive environment.

PLEASE NOTE:

- All participants must be fully toilet trained (no diapers or pull-ups) to participate in camp.
- Participants are to bring their own lunch, snacks and drinks!

Refund and Cancellation Policy:

Refunds will only be issued with a medical note given 7 days prior to the start of the camp. There will be a \$35 administrative fee and the remainder of the amount will be refunded. For our detailed cancellation policy please go to www.springaction.ca/summercamp.htm.

Kinder Camp Registration Form 2017 For Ages 4-6

Sign Up For:	Dates	Price
Kinder Camp A	July 17 th - 21 st	Half Day: \$160.00 Full Day: \$240.00
Kinder Camp B	July 31 st - Aug 4 th	Half Day: \$160.00 Full Day: \$240.00
Kinder Camp C	Aug 14 th - 18 th	Half Day: \$160.00 Full Day: \$240.00

Full Day Mornings 9-11:30am Afternoons 1:30-4pm

Name _____ Birthday Y/M/D _____

Address _____

City _____ Postal Code _____

Home Phone _____ Emergency Contact Number _____

Parent Name _____ Email Address _____

Allergies or other medical conditions _____

How did you hear about Spring Action? _____

Notice of Warning:

There is a potential risk of injury involved in training and participating in any sport. Spring Action has made every effort to create a safe and controlled environment for participation. Rules that must be followed have been established for participation and conduct on and about the trampoline area.

Signature _____