## **ABOUT SPRING ACTION**

Spring Action has been offering trampoline lessons, trampoline & circus day camps, and trampoline performances for over 20 years. With Olympic sized trampolines, DMT, state of the art foam pit and nationally certified coaches, Spring Action is one of the top acrobatic learning centres in North America.

### Summer Camp Staff:

Spring Action Summer Camps are well supervised and safety oriented. Our coaches have experience in the sport of trampoline and are certified by the National Coaching Certification Program. Our coaches are there to ensure a fun and safe learning experience for everyone!

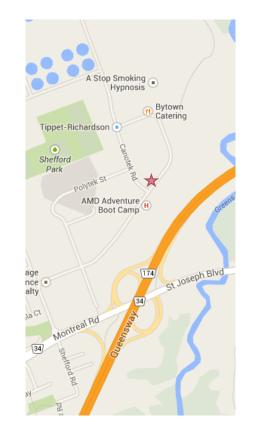


#### Extra Care:

Spring Action offers extra care for its Summer camp participants from 7:30am-9am & from 4-5:30pm OR from 8-9am & from 4-5pm. During these hours' participants are permitted to use any of the juggling equipment, however they are not allowed on any of the apparatus (i.e. trampoline, trapeze, mini-tramp...). The cost for extra care is \$6 per day (8am-5pm) or \$8 per day (730am-5:30pm) HST included. Parents must sign up and pay in advance to receive extra care. Late pickup charges will also apply.

Please see website for details

www.springaction.ca





Come see us at our new facility! 5515 Canotek Rd

> <u>Contact Us:</u> 613-761-9620 info@springaction.ca www.springaction.ca





For 4 & 5 year olds –Full or ½ day camp For 5-15 year olds – 1&2 week camps For 12-15 year olds – Teen camp



Our facility has Olympic High Performance Trampolines, a Foam Pit and certified coaches!

# Spring Action Summer Camp!

You don't have to run away to join the circus, come to Spring Action for our awesome, fun, exciting...

# TRAMPOLINE & CIRCUS DAY CAMPS!

Fun-filled, active days will expose participants to the exciting Olympic sport of trampoline. Participants will enjoy learning various circus activities, participate in games and contests, and have the opportunity to flip and twist into our foam pit!

Activities, emphasizing **Trampoline** will also include: Acrobatics, Juggling, Stiltwalking, Mini- Trampoline, Diabolo, Unicycle, Double-Mini Trampoline, Devil sticks, Trapeze, Aerial Silks Wire-Walking and More!



### A Few Reminders....

- Dress in athletic attire
- Long hair should be tied up
- No jewelry
- Bring sun screen and a hat for when we go outside for lunch!
- Please leave all valuables at home. Spring Action is not responsible for lost or stolen items.
- Participants bring their own lunch, snacks and drinks. NO PEANUTS please! You will be very active during the day so make sure that you have plenty to drink and eat!



### **Refund and Cancellation Policy:**

Refunds will only be issued with a medical note given 7 days prior to the start of the camp. There will be a \$35 administrative fee and the reminder of the amount will be refunded. For our detailed cancellation policy please go to www.springaction.ca/summercamp.htm.

**<u>ONE WEEK CAMPS:</u>** Please note you can sign up for any ONE week of our two-week sessions! Just put a check mark in the ONE week camp box and fill in the dates!

### Summer Camp Registration Form 2017

Sign up for Dates Prices Summer Camp A \*luly 4th-14th \$395 Summer Camp B July 17th-28th \$430 Summer Camp C \*|ul 31st-Aug 11th \$395 Summer Camp D Aug 14th -25th \$430 Aug 28th-Sept 1st Summer Camp E \$240 \$240 One week of any camp Price for 4-day week \$205 Extra care 7:30am-5:30pm \$8/day Extra care 8:00am-5:00pm \$6/day \*No camp July 3rd & August 7th

Name	Birthday Y/MD
Address	
City	Postal Code
Home Phone	Emergency Contact Number
Parent Name	Email Address
Allergies or other me	dical conditions

How did you hear about Spring Action?

#### Notice of Warning:

There is a potential risk of injury involved in training and participating in any sport. Spring Action has made every effort to create a safe and controlled environment for participation. Rules that must be followed have been established for participation and conduct on and about the trampoline area.

Signature