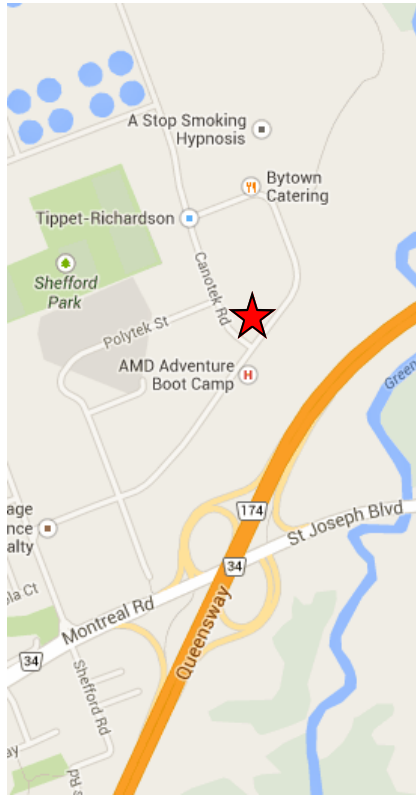


Summer Camp Staff!

Spring Action summer camps are well supervised and safety oriented. Our instructors have extensive experience in the sport of trampoline and are certified by the National Coaching Certification Program. Our staff are there to ensure a fun and safe learning experience for everyone!

A Few Reminders....

- Dress in athletic attire
- Long hair should be tied up
- Bring long sleeve and long pants while learning basic landing positions (first few days)
- No jewelry
- Participants bring their own snacks and drinks. NO PEANUTS please! You will be very active during the day so make sure that you have plenty to drink and eat!
- Spring Action is not responsible for lost or stolen items!



**SPRING ACTION
TRAMPOLINE**

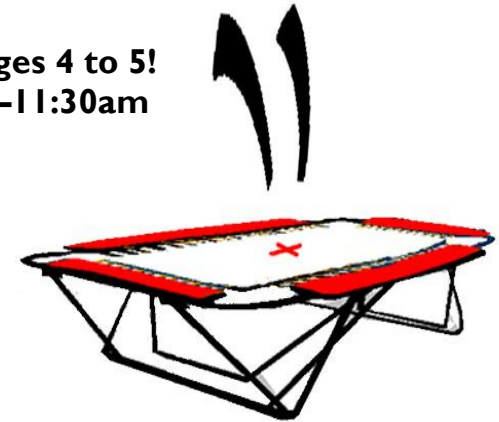
**SPRING ACTION
TRAMPOLINE
5515 Canotek Rd
Ottawa, ON K1N 7Y2**

**Phone/Fax: 613-761-9620
info@springaction.ca
www.springaction.ca**



Spring Action
Trampoline and Circus
Kinder Camp

**For Ages 4 to 5!
9am—11:30am**



**613-761-9620
info@springaction.ca
www.springaction.ca**

About Spring Action

Spring Action has been offering trampoline classes and trampoline & circus camps in Ottawa for over fifteen years. With five Olympic sized trampolines and top-of-the-line circus equipment Spring Action is one of the top trampoline and circus centers in North America!

Schedule

How does the day work?

9:00-9:15 - Cooperative Games and activities

9:15-9:45—Trampoline Time

9:45—10:05—Circus Time

10:05—10:20—Snack Time

10:20—10:45—Arts and Craft time

10:45—10:55—Circus Time

10:55—11:25—Trampoline Time

11:25—11:30—Clean up and get ready for departure.

11:30—Departure time

Spring Action Kinder Camp!

You don't have to run away to join the circus this summer. Come to Spring Action for our awesome, fun, exciting...

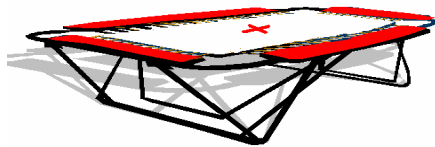
TRAMPOLINE & CIRCUS DAY CAMPS!

For ages 4 and 5. Fun-filled, active mornings will expose participants to the wonderful world of circus and the exciting sport of trampoline. Activities, emphasizing **Trampoline** will also include: scarf juggling, trapeze, feather balancing, tight wire, crafts, games and much more. Participants will be introduced to the basic skills of trampoline and circus arts all while in a fun, safe and positive environment.

PLEASE NOTE:

- All participants must be fully toilet trained (no diapers or pull-ups) to participate in camp.

- Participants are to provide their own food and drink for snack time!



Summer Camp Registration Form 2014 For Ages 4 and 5

Sign up for Half Day's	Dates	Price
Kinder Camp A	July 14th to 18th	\$125 + HST = \$141.25
Kinder Camp B	July 28th to Aug 1st	\$125 + HST = \$141.25
Kinder Camp C	August 11th to 15th	\$125 + HST = \$141.25

Name _____ Birthdate Y/M/D _____

Address _____

City _____ Postal Code _____

Home Phone _____ Email Address _____

Emergency Contact Name and Phone Number _____

Medical conditions OR Behavior specialties _____

How did you hear about Spring Action _____

T-Shirt Size: Youth Adult
 Small Small
 Medium Medium
 Large Large

Notice of Warning:

There is a potential risk of injury involved in training and participating in any sport. Spring Action has made every effort to create a safe and controlled environment for participation. Rules that must be followed, have been established for participation and conduct on and about the trampoline area.

Signature of Parent or Guardian